

# Flight Nostalgia

community project



TARGET AUDIENCE :  
M/3 YEARS  
DURATION : 00H50







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# Flight Nostalgia

**how can we truly live without  
freedom?**

## **SYNOPSIS**

*Art in the community has the power to provide sensory, emotional, and creative experiences, encouraging the joining of forces and collective movement.*

*Over several years, Teatro e Marionetas de Mandrágora has dedicated itself to developing distinct artistic programs and projects that involve and engage the community. Whether by integrating them into the organization's creative acts or by empowering different communities with an expressive and creative medium, we use puppetry as a generative force for art in dialogue.*

# TEATRO E MARIONETAS DE MANDRÁGORA

Teatro e Marionetas de Mandrágora is a professional puppet theater company, founded on 2 April 2002, directed by **Clara Ribeiro** and **Filipa Mesquita** and **enVide neFelibata** as art direction.

- In the symbiosis of a symbolic language that combines heritage and traditional legacy with the contemporary society's thinking and dynamics, in a dialogue that's not always peaceful, a fundamental element emerges: the puppet — the tool used in our quest for our own cultural identity.
- Our goal is to discover the puppet's own aesthetic, visual, scenic, and dramatic potential, as well as in the relation between actor and puppet. In this experience, we intend to find our own identity-based dramaturgy: the one that explores culture, belief, and folklore combined with the urban area, the technological exploitation and the global village's fast pace.
- Throughout our artistic journey, we created a wide range of proposals, both in terms of audiences (adults, youngsters schoolchildren, families) and in terms of training (basic and specialized).
- One of our major commitments is touring our projects, through the country and abroad. We constantly concern on decentralization, community work, partnerships, social and inclusive enhancement.
- For over two decades, the Company firmly established itself as a contemporary artistic creation structure by putting on a wide range of shows. Some creations our own, others resulted from partnerships with national and foreign cultural structures and entities.
- Our team has always had space to freely create according to each other's

language and vision, converging to develop and enrich the puppet theater's art.

- Our Company focuses on social vulnerabilities but also traditions and heritage through different but converging sights. Dialogue with all different audiences, blend our creations with sites and spaces, intersect with partner entities and structures is essential for creating multidisciplinary projects that prioritize communication with spectators.
- We would like to highlight our collaboration with numerous educational service teams while implementing our education activities program in institutions such as monuments, museums, and landmark buildings.
- *Teatro e Marionetas de Mandrágora is supported by Portuguese Republic – Culture, Youth, and Sports / Directorate-General for the Arts, Espinho Municipality / Espinho City Council, and Gondomar Municipality. The structure is based at FACE - Espinho Art and Culture Forum and headquartered in Gondomar.*

# FLIGHT NOSTALGIA

target audience : M/3 years

duration : 00h50

group : community project

premiere date : 6 December 2023 (Wednesday)

premiere location : Cine Teatro de Estarreja x Estarreja x Aveiro

## COLLABORATORS . PARTNERS . CO-PRODUCERS

Cercesta Estarreja



# PRESENTATION

Birds are a symbol of freedom; however, that freedom is often not guaranteed. Enormous cages rise up to deprive them of their liberty, and without freedom, there is no song—they lose their very essence. These prisons reflect the human condition, which is often found trapped for physical or emotional reasons. Prisons that are either visible or invisible.

In this performance, we reflect on this condition in order to find ways to guarantee freedom for everyone.

# COMMUNITY PROJECT

The impact of artistic work on the community allows us to consider it an excellent tool for empowering vulnerable individuals. Several projects implemented by different artistic organizations lead us to conclude that there are integrative behavioral improvements in the community.

Government support for the development of various programs in this area is an important facilitating factor for various associations and institutions that actively address this issue, creating social development projects through art.

“The concept of Education through Art has been the subject of reflection by some educators, philosophers, and even historians, fitting into the emergence of ‘new values and concepts’ in contexts of social, economic, and ideological transformation. Thus, several writings have emerged, nationally and internationally, as a product of concern and reflection.” (Meira, 2015).

In line with this thinking, the work presented demonstrates the importance of artistic practice in communities that welcome individuals with different vulnerabilities, from different age groups.

Although Morin has a very clear view of our thought process and its “hidden principles,” his view of things and the world is distorted by beliefs and, above all, by the goal of lifting the veil on a widespread belief that individuals in situations of vulnerability only enjoy artistic contact as social positivism, without this being properly analyzed. The creator of art and their creative potential are fundamental in these socially segregated communities. (Morin, 2005)

# ART

**ARTISTIC DIRECTION** Mónica Amaral

**STAGING** Clara Ribeiro

**PUPPETRY DIRECTION** Filipa Mesquita

**PERFORMANCE** Carlos Silva, Clara Ribeiro, Diana Silva, Elisabete Pereira, Filipe Oliveira, Firmino Matos, Isabel Resende, Joana Sousa, Joaquim Henriques, João Barros, Marcos Ascensão, Margarida Beirão, Maria Adelaide Teixeira, Paulo Nogueira, Pedro Pereira, Sofia Anjos, Tiago Moutela, Vera Santos, Zelinda Moutela

**PUPPETS AND MASKS** Alexandre Guaraci, Clara Ribeiro, Rúben Gomes

**SET** Migvel Tepes

**MUSIC** Hélder Duarte

**COSTUMES** Ana Paula Sardão, Patrícia Costa, Tiago Moutela, Zelinda Moutela

**PRODUCTION** Cerciستا

**COPRODUCTION** Teatro e Marionetas de Mandrágora

**EXECUTIVE PRODUCTION** João Barros, Mónica Amaral

**SUPPORT** DiferenciArte

# TOUR

DATA	LOCAL
6 DEC 2023 . WEDNESDAY . 14h00 8 DEC 2023 . FRIDAY . 16h00	Cine Teatro de Estarreja, Estarreja, Aveiro
8 DEC 2023 . FRIDAY > 31 DEC 2023 . SUNDAY	evento online
1 JAN 2024 . MONDAY > 31 DEC 2024 . TUESDAY	evento online
9 JUL 2024 . TUESDAY . 14h30	Auditório Municipal de Gondomar, Gondomar, Porto

TOTAL : 5

# NATIONAL FESTIVALS AND EVENTS

LOCAL	FESTIVAL	YEAR
Auditório Municipal de Gondomar	Ei! MARIONETAS - Encontro Internacional de Marionetas - Gondomar	2024

TOTAL : 1

# HISTORY

"Flight Nostalgia", premiered at "Cine Teatro de Estarreja × Estarreja × Aveiro" on 6 December 2023 (Wednesday). To date, it has performed in 3 venues, 2 cities, 2 districts, 1 country (Portugal) and participated in 1 festival and 1 meeting and 0 internationals.

Its history includes 5 shows for an audience of 866 spectators.

Flight Nostalgia went off stage on '9 JUL 2024 . TUESDAY' with a journey of 7 months and 3 days at the time of creating this document.

# TECHNICAL RIDER

For more information about technical requirements and other production-related needs, please refer to the **GENERAL CONDITIONS** section of this document.

At the moment, detailed information about the technical rider associated with this production is not available. If you need to clarify specific technical requirements or obtain additional data regarding the implementation of scenography, lighting, sound, or other technical areas, you may request them directly via email contact with the company, which will be happy to provide the necessary documentation.

# PROMOTIONAL DOCUMENTS AND OTHERS

## Current Document

NOSTALGIADOVOO - DOSSIER - EN **1.4 MB**

[https://www.marionetasmandragora.pt/\\_dwn/dossier/nostalgiaovoo - dossier - en.pdf](https://www.marionetasmandragora.pt/_dwn/dossier/nostalgiaovoo - dossier - en.pdf)

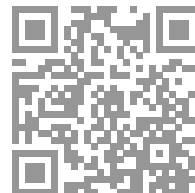
## Imagery Archive

IMAGERY ARCHIVE PROMO **446.8 KB**

[https://www.marionetasmandragora.pt/\\_dwn/zip/prj\\_nostalgiaovoo.zip](https://www.marionetasmandragora.pt/_dwn/zip/prj_nostalgiaovoo.zip)

# VIDEO

CineTeatro de Estarreja 2023 [ **FULL LENGHT** ]  
<https://www.youtube.com/watch?v=1qIjGJ2VMuo>



# IMAGE AND COMMUNICATION

- Mandatory mentions in all promotional material:
- Production: Teatro e Marionetas de Mandrágora
- Support: Portuguese Republic - Culture, Youth, and Sports / Directorate-General for the Arts (with logos), Municipality of Espinho / City Council of Espinho, Municipality of Gondomar

# GENERAL CONDITIONS

- Access and parking must be available for the company's vehicle (Class II or Class I).
- The promoter must provide a technician to assist during assembly, rehearsal, and performance.
- Before setup begins, the space must be clean and free of any equipment.
- Any proposed changes to the Technical Rider must be communicated in a timely manner so that, together with the technical team and the event production, the best solutions can be found to make the activity possible.
- Individual dressing rooms suitable for the performers must be provided, equipped with running water, a mirror, a chair, and a table.
- The promoter must provide bottles of water for all team.

# BUDGET

- Consult budget and, if necessary, request specific conditions for two or more presentations on the same day, in the same location, and/or on consecutive days.
- The amounts are VAT exempt, under the terms of nº8 of Article 9º of the portuguese VAT Code.
- Travel expenses will be added, calculated from Espinho (price per km).
- Where applicable, the promoter shall provide accommodation and meals for the team. We will communicate the type of rooms (preferably singles) and dietary restrictions in advance.

# CONTACTS

**Direção Artística** 914 514 756 Clara Ribeiro  
**Direção Artística** 938 438 097 Filipa Mesquita  
**Direção Plástica** 938 940 122 enVide neFelibata

[ chamadas para rede móvel nacional ]

geral@marionetasmandragora.pt  
www.marionetasmandragora.pt  
www.index.marionetasmandragora.pt  
www.loja.marionetasmandragora.pt  
www.ei.marionetasmandragora.pt  
www.mar.marionetasmandragora.pt  
www.escoladamarioneta.com  
www.facebook.com/marionetas.mandragora  
www.instagram.com/marionetas\_mandragora  
www.youtube.com/@MarionetasMandragora  
www.youtube.com/watch?v=-2-ig0Oamxo

## **RESIDÊNCIA DA COMPANHIA**

Teatro e Marionetas de Mandrágora  
FACE - Fórum de Arte e Cultura de Espinho  
R. 41 / Av. João de Deus  
4500-198 Espinho, Portugal

## **RESIDÊNCIA DA COMPANHIA**

Estaleiro Marionetas Mandrágora  
Rua do Golfe  
4500-605 Espinho, Portugal

## **CASA EDUCATIVA DA MARIONETA**

Teatro e Marionetas de Mandrágora  
Casa Branca de Gramido  
Tv. Convenção de Gramido 41  
4420-416 Valbom, Gondomar, Portugal

## **PARA EFEITOS DE FATURAÇÃO**

Teatro e Marionetas de Mandrágora  
R. do Quinéu, 75  
4510-122 Gondomar, Portugal

**NIF / VAT** PT 506 322 076

**IBAN** PT50 0035 2074 0000 5488 2304 9

**BIC/SWIFT** CGDIPTPL

*Associação Cultural e Recreativa Teatro e Marionetas Mito do Homem Plantado  
(Marionetas de Mandrágora)  
associação sem fins lucrativos (isenta de IVA ao abrigo do art. 9º do CIVA)*





Teatro e Marionetas de Mandrágora  
[www.marionetasmandragora.pt](http://www.marionetasmandragora.pt)  
[geral@marionetasmandragora.pt](mailto:geral@marionetasmandragora.pt)

[www.marionetasmandragora.pt/nostalgiadovoo](http://www.marionetasmandragora.pt/nostalgiadovoo)

*nostalgiadovoo v.15.04.2026*

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